

You're Invited to...

"Healing with Gratitude"

A Soulful Retreat by *Living Life the ACG Way*

Hosted by Tammy Patterson

at **The Gratitude Garden Farm** | *Loxahatchee, FL*

Reconnect. Reset. Rise.

Join us for a transformational experience in the heart of nature at the **Gratitude Garden Farm**, where healing meets harmony, and gratitude becomes your guide.

✨ **Dates:** [11/7/25-11/9/25]

✨ **Location:** The Gratitude Garden Farm, Loxahatchee, Florida

What Awaits You:

- **Luxurious Glamping Domes** under the stars
- **Healing in Nature** — quiet moments in the gardens, beneath the palms and fruit trees
- **Daily Yoga, Meditation & Breathwork** to realign your body and mind
- **Powerful Sound Healing** sessions to restore inner peace
- **Workshops & Experiences** guided by **Tammy Patterson** focused on:
 - Releasing stuck emotions
 - Establishing a daily gratitude practice
 - Healing your energy
 - Reconnecting with your highest self

- **About Your Stay at Gratitude Garden Farm:**

- luxury domes (2 guests each) with: private dip pool, kitchenette, lounge chairs, selenite energy-clearing stations, Wi-Fi, projector, and wellness amenities
- sauna
- cold plunge
- CrossFit-style gym
- Fire pit
- Bali swing for relaxation and photo moments
- 5 outdoor private bathrooms (cleaned twice daily)
- outdoor dining area, multiple lounge areas, hammocks
- Recreational amenities: Pickleball court, bikes
- Chef-prepared meals provided by Gratitude Garden - all meals are certified organic, plant-based. seed oil-free, and gluten-free



Nourish Your Body

Enjoy **delicious plant-based meals**, thoughtfully prepared by our **retreat chef**, using ingredients **harvested right from the farm**. Every dish is designed to support your healing journey — fresh, vibrant, and made with love.



Why Join Us?

This is more than a retreat — it's a **sacred space to reset your nervous system, nourish your soul, and learn to live with intention and gratitude** every single day.

Whether you're seeking deep rest, emotional healing, or a spark of new energy in your life — you'll find it here.

Cost: \$1888pp double occupancy (\$555 non-refundable deposit and final payment by Sept 1.



Retreat Deposit Link



Retreat Participant Form